

JOIN ACCESS ADVENTURE

Get involved as a volunteer. Participate in our exciting, life-changing, inspirational events.

Please consider a generous donation to fund this unique program with a check made payable to the Solano Land Trust/Access Adventure.

As a 501(c)(3) nonprofit, IRS #94-3015363, your contribution is tax deductible to the extent allowable by law.

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email Address _____



After their ride

ACCESS ADVENTURE is a program of the Solano Land Trust

The work of ACCESS ADVENTURE is supported by:

The Syar Foundation
Bank of America Foundation
The Stewardship Council
Simpson Percherons
Bay Area Barns & Trails Trust
Valero Benicia Refinery
A devoted team of volunteers
And people like you

"Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul." John Muir



Jestine and Brianne assisting Josh

ACCESS ADVENTURE

Challenging the Limits of Disability



Enriching the lives of people with disabilities and other underserved members of our community by providing outdoor recreation, open space access, education and therapy through a working partnership with horses.

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THE VISION



John Muir's great-grandson is blazing a trail into the wilderness, opening a path to be traveled by people with disabilities. Fairfield horseman, Michael Muir, has lived with multiple sclerosis since he was 15 years old. Refusing to be daunted by the relentless course of his disease, Muir believes in challenging the limits of disability. In 2001, he led an international team of people with disabilities driving wheelchair accessible horsedrawn carriages on a 3,000 mile, ten-month Journey Across America, from Mission San Diego to Washington DC. The extraordinary experiences of HorseJourney have led to the founding of *ACCESS ADVENTURE*.

ACCESS ADVENTURE is headquartered at the historic Rush Ranch near Fairfield, Solano County, CA, thirty five miles from San Francisco. The third Saturday of every month is a good day to visit the ranch, take a carriage ride and learn more about *ACCESS ADVENTURE*.

Our carriages incorporate a battery operated lift that can accommodate up to 500 pounds, to bring aboard people with mobility problems, including those in wheelchairs.

The volunteers of *ACCESS ADVENTURE* are a very diverse group. We are united by a love of nature, affection for horses and a variety of skills to assist people with disabilities. Our horses come in different sizes and colors, but share a gentle, reliable nature and a good work ethic.



Cruisin' down the Bear River, Humboldt County

OUR PROGRAMS offer life-changing experiences for children, youth and adults in a safe and secure environment. The participants realize goals they never before dreamed possible. With a horse as their guide, there is no limit to what they can achieve as they challenge the limits of their disabilities.

- **Youth Programs:** Youth interns, special needs students, and 4-H project members work with adult volunteers and learn how to assist people with disabilities. Under supervision, they develop skills including caring for and driving our horses.
- **Recreational Driving:** Access to nature is offered at the Rush Ranch, other Solano Land Trust and Muir Heritage Land Trust properties, or on our multi-day Anywhere Wild! camping trips to remote locations throughout California.
- **Therapeutic Riding:** Horseback riding instruction and adaptive riding activities are conducted by a qualified instructor.
- **Therapeutic Driving:** Driving instruction by qualified instructors using our horsedrawn carriage adapted to be accessible to all persons with or without wheelchairs or other assistive devices.
- **Hippotherapy:** Physical, occupational or speech therapy strategies for children and adults utilize equine movement as part of an integrated treatment program to achieve functional outcomes.
- **Carriage Driving Instruction:** Using the Carriage Association of America protocols and Certified Instructors, we are training our volunteers and anyone eager to learn the joys of driving horses.

*To schedule a drive for your group, enroll in an Equine Facilitated Therapy Program, or receive driving instruction, please contact us:
707-432-0152 or info@access-adventure.org*