

Our Working Partners

Our horses come in different sizes and colors, but share a gentle, reliable nature, and a good work ethic.

They work for the program in a variety of ways, including powering our carriages, and for equine facilitated therapies. ACCESS ADVENTURE is supported in part by stallion service fees, and the sale of foals.

Volunteers with equestrian experience, groom, tack, train, and feed our horses. Using Carriage Association of America protocols and Certified Instructors, we train interested volunteers to drive our horses.

Volunteers help with general repairs, improvements and maintenance of our Rush Ranch headquarters.

Youth Programs: Under adult supervision, youth learn to assist people with disabilities, and develop skills including caring for and driving our horses.

Other Ways to Volunteer

ACCESS ADVENTURE needs volunteers with teaching, administrative, fundraising, grant writing, creative writing, graphic design, and computer skills. Mechanics, truck drivers, electricians, and carpenters are valuable additions to our volunteer staff.

Becoming a Volunteer

The third Saturday of every month is a good day to visit the ranch, take a carriage ride and learn more about our programs.

Visit our website www.access-adventure.org for more information and directions to the ranch.

If you are interested in learning more about becoming a volunteer, contact us at access-adventure.org or call 707-432-0152.

Volunteer Requirements

- ❖ Recommended minimum age is 14.
- ❖ Must be able to work with minimal staff supervision.
- ❖ New volunteers receive their assignment and schedule following a volunteer orientation/training.
- ❖ Volunteer assignments are based on interest, experience, reliability and availability. The first couple of months of volunteering is considered a trial period.
- ❖ Fill out Volunteer Application Forms available on our website or at the office. (If under 18, parents/guardians must sign where appropriate.)
- ❖ Our final volunteer requirement: a spirit of adventure, commitment to our mission and a desire to have fun!

ACCESS ADVENTURE
Challenging the Limits of Disability

Volunteer

Give wings to the dreams of people living with the challenges of disability. Enrich the lives of children with nature's gifts.



Michael Muir, Director
P. O. Box 2852
Fairfield, CA 94533-0285
(707) 432-0152
info@access-adventure.org
www.access-adventure.org

Volunteering with **ACCESS ADVENTURE**

ACCESS ADVENTURE is headquartered at the historic Rush Ranch near Fairfield, Solano County, CA, thirty-five miles from San Francisco.

Access Adventure is staffed entirely by volunteers drawn from the Northern California equestrian community, and local supporters with a variety of useful skills. Our goal is to enrich the lives of people with disabilities and other underserved members of our community by providing outdoor recreation, open space access, education and therapy through a working relationship with horses. We are a very diverse group, some are disabled, some are retired, some are students, others are working people, all united by a love of nature, affection for horses and a commitment to enrich the lives of people with disabilities.



Therapeutic Riding

Horseback riding instruction and adaptive riding activities are conducted by a qualified instructor. Volunteers assist as riders mount the lesson horses and aid the riders during their lessons. Horse Leaders need a general knowledge of horses. Prior to the lessons they prepare the horses (grooming and tacking) and are responsible for leading horses during class. Sidewalkers do not need any experience. They provide physical and emotional support to the rider while doing exercises, playing games, going through obstacle courses, and other riding activities.

Hippotherapy

Physical, occupational or speech therapy strategies for children and adults utilizing equine movement as part of an integrated treatment program to achieve functional outcomes. Horse Handlers lead or ground-drive the horses during class.



Therapeutic Driving

Horsedrawn driving instruction provided by qualified instructors using our unique horsedrawn carriage. Our carriages incorporate a battery operated lift that can accommodate up to 500 pounds, to bring aboard people with mobility problems. They have been adapted to be accessible to all persons with or without wheelchairs or other assistive devices.



Recreational Driving

Access to nature is offered at Rush Ranch, other Solano Land Trust, Muir Heritage Land Trust properties, and on our multi-day Anywhere Wild! camping trips to remote locations throughout California.

Volunteers are trained to interact and assist people with disabilities so they can participate in all events, at home or on the road. We do not marginalize people into what they can or cannot do, but rather focus on enabling everyone to challenge their limits and enjoy the healing powers of nature.